

“3D” Drugs, Dinos & Dinner Tumbler Ridge Medical Conference Agenda 2018

Friday May 25, 2018 – Dinosaur Discovery Gallery

3:00pm	Registration opens • Enjoy exhibits in Dinosaur Discovery Gallery	Violin by Rebecca
4:00pm-4:45pm	Lessons from patients about how drugs can make them feel	Tom Perry
4:45pm-5:30pm	Hand Injury Management	Stuart Johnston
5:30pm-6:30pm	Dinosaur Discovery Gallery Stations: 1) Photogrammetry 2) Preparation Lab 3) Collections Area 4) Heavyweights in the outside shed	
6:30pm-8:00pm	Supper at Dinosaur Discovery Gallery • Draws for Jet Boat Tour for 2	Catering by Action Play Café
8:00pm	Lantern Tours to Wolverine Dinosaur Tracks	Guided by Richard McCrea & Lisa Buckley

Saturday May 26, 2018 – Conference Center

6:00am-7:00am	Options: • 5km run to TR point • Float Fit (Yoga/Pilates on floating mats) with fitness trainer Ann (max 5) • 25m pool will be open for lane swimming, hot tub & sauna • Gym is Open	Aquatic Center Aquatic Center Community Center
7:00am-8:00am	Breakfast	Trend Hotel
8:00am-10:00am	Plenary Sessions: 1) Ezetimibe and PCSK9 inhibitors: Chasing LDL-C targets 2) Hypertension targets: What does SPRINT change? 3) A non-pharmacological approach to chronic pain management	Aaron Tejani & Cait O'Sullivan Rita McCracken Trevor Campbell
10:00am-10:15am	Coffee break	
10:15am-12:00pm	Workshops: 1) Practical deprescribing – evidence and tools 2) Using IV iron to correct profound iron deficiency 3) Is any antidepressant “better” than others?	Rita McCracken Tom Perry Aaron Tejani & Cait O'Sullivan
10:15am-12:00pm	Hands-on workshop - tendon repair & skin flaps (max 12)	Stuart Johnston Dinosaur Discovery Gallery Staff Room
8:00am-12:00pm	Kid-friendly Activities: • Dinosaur Camp Day 1, crafts • Paint & pat Victoria, the Tumbler Ridge Donkey	Dinosaur Discovery Gallery

Saturday May 26, 2018 – Conference Center cont.

12:00pm-1:00pm	Lunch – on your own	
12:00pm-4:30pm	Jet Boat Tour to Kinuseo Falls (max 24) – catered lunch included	
1:00pm-5:00pm	<ul style="list-style-type: none"> Cabin Pool Dinosaur Tracks Bullmoose Marshes Birding 	Richard McCrea Lisa Buckley
5:00pm-6:00pm	Northern CME Committee Meeting	
6:00pm-10:00pm	Evening Banquet: <ul style="list-style-type: none"> Cocktails, dinner, live band, two guest speakers, Aunt Lizzie (comedian), & Rebecca on Violin 	Trend Hotel & Conference Center

Sunday May 27, 2018 – Conference Center

6:00am-7:00am	Options: <ul style="list-style-type: none"> 5km run to Flatbed Creek peat site Tabata on HydroRiders - underwater exercise bike training with Ann (max 5) 25m pool will be open for lane swimming, hot tub & sauna Gym is open 	Aquatic Center Aquatic Center Community Center
7:00am-8:00am	Breakfast	Trend Hotel
8:00am-10:00am	Plenary Sessions: <ol style="list-style-type: none"> 1) Tramadol: Does it make things easier? 2) Statins in the elderly 3) Putting it all in context: polypharmacy / deprescribing cases from our practices 	Cait O'Sullivan Aaron Tejani Tom Perry & Mike Wright & Resident
10:00am-10:15am	Coffee break	
10:15am-12:40pm	Workshops: <ol style="list-style-type: none"> 1) What do we know now about tight glycemic control in T2DM? 2) Disability and the pitfalls of over-medicalization 3) Evidence-based management of COPD 4) Don't use antipsychotics for non-psychotic depression, and reassess often what an antidepressant is doing to your patient 5) Treatment of pain with drugs 	Cait O'Sullivan Trevor Campbell Aaron Tejani Tom Perry Rita McCracken
8:00am-12:00pm	Kid-friendly Activities: <ul style="list-style-type: none"> Dinosaur Camp Day 2, crafts Paint & pat Victoria, the Tumbler Ridge Donkey 	Dinosaur Discovery Gallery
12:00pm-1:00pm	Lunch – on your own	
1:00pm-5:00pm	<ul style="list-style-type: none"> Residents do trail maintenance (chain-sawing & brushing) Shipyard – Titanic Hike 	