

Agenda

TIME (Pacific Time)	PRESENTATION TITLE	SPEAKER
8:00	Registration opens	
8:30	Welcome remarks	Dr. Rita McCracken Dr. Aaron M. Tejani
8:45	<b>Making diabetes care fit for older persons</b> <i>In this presentation, Dr. Thompson will review considerations for managing diabetes in older persons (particularly frail, older persons with multi-morbidity and/or functional limitations), including A1c targets, and evidence on benefits and harms of specific medications. He will discuss how to individualize therapy among older persons according to their individual health context. Finally, he will review when and how to consider deintensifying diabetes management for individual patients.</i>	Dr. Wade Thompson
9:10	<b>Mechanical back pain in primary care - which drugs "work"?</b> <i>A review of mechanical back pain for primary care clinicians, including pearls for differentiating it from other causes of pain, a review of populations most affected and the natural history of the condition. We will also review what is known about expected harms and benefits of pharmaceutical therapies.</i>	Dr. Rita McCracken
9:35	Break	
10:00	Concurrent sessions	
Stream A	<b>How do we facilitate or improve collaborative medication reviews between pharmacists and prescribers? (group discussion)</b> <i>** More details coming soon</i>	Facilitators TBC
Stream B	<b>Practical tips to optimize collaborative medication reviews between pharmacists and prescribers</b> <i>**More details coming soon</i>	Facilitators TBC
11:00	<b>Navigating complicated issues in hypertension management</b> <i>Participants will be given tips on how to move new and existing hypertension patients towards the most evidence-informed treatment and targets. Topics covered are listed below:</i> <ul style="list-style-type: none"> <li>• Understand the diagnostic approach to hypertension in adults and identifying drug-related causes for hypertension (e.g. possible prescribing cascades)</li> <li>• Describe ways to move patients toward evidence-informed management (e.g. deintensification, changing drug classes)</li> <li>• Describe how to individualize the BP target goal for different types of patients (e.g. elderly, non-elderly, DM, CKD)</li> </ul>	Dr. Anshula Ambasta
11:30	<b>Optimizing drug therapy with all the tools in the toolbox</b> <i>Using pharmacology, kinetics (e.g. half-life), and drug effect estimates, participants will be given practical tips to help optimize drug therapy for individuals. Several examples will be used to explain when fast or slow dose titration might be required and when slow or fast tapering is safest.</i>	Dr. Aaron M. Tejani
11:55	Closing Remarks	
12:15	<b>Lunch and networking</b> <i>(In-person attendees only)</i>	
13:00	Conference Ends	