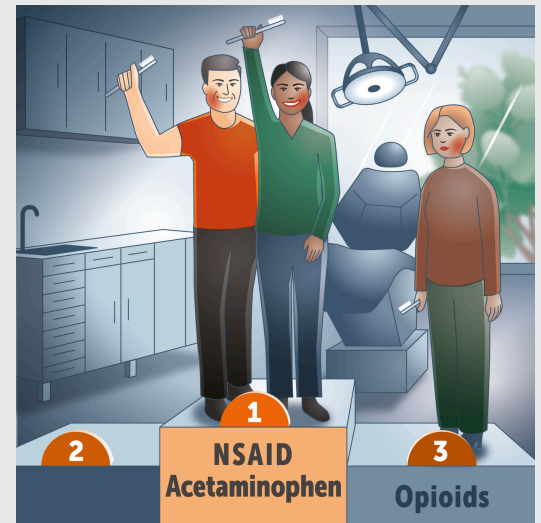




Managing dental pain: What you need to know

Try NSAIDs first ✓

- Anti-inflammatory drugs (NSAIDs) are drugs such as ibuprofen (Advil, Motrin)
- NSAIDs help reduce swelling and tenderness
- NSAIDs with or without acetaminophen (Tylenol) work **BETTER** than opioids with **FEWER** side effects



Opioids usually aren't needed

- Opioids can help BUT cause more side effects than NSAIDs
- They can also be addictive
- Dentists only prescribe them if you can't safely take NSAIDs & acetaminophen OR if other treatments don't control your pain

What if you DO need opioids?

- Take only what you need to manage pain
- Stop as soon as you can
- Bring leftover pills to the pharmacy for safe disposal

Learn more
ti.ubc.ca/portrait-dental-patient-info

