

Best Evidence Webinar

Evidence-based approaches to menopause: Overcoming misinformation

Wednesday, May 27, 2026 @ 12:00PM PDT

This is an encore presentation, originally delivered as part of the TI Best Evidence for Clinicians 2025 Annual Course on Friday, November 29, 2025 by Dr. Iliana Lega, Associate Professor in the Department of Medicine at University of Toronto. This presentation focuses on menopause, which is a natural stage of life, yet it remains widely misunderstood. By dispelling myths and focusing on evidence, this session highlights opportunities to strengthen clinical practice and deliver better menopause care. The 48-minute presentation will be followed by a live interactive Q&A session.



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